



MCUAAAR Mondays

May 11, 2020

To reduce the number of messages sent out to the MCUAAAR 5 Listserv, if you send me the kind of information found below, I will compile it and send it out on "MCUAAAR Mondays"

EVENTS

Still Time to Register ! Webinar, May 15th @ noon ET -"Getting the most out of your mentoring relationships," with Dr. Roger Fillingim. On **May 15 at 9am PST**, Roger B. Fillingim, PhD, Clinical Psychologist, Distinguished Professor in the University of Florida and Director of the UF RCMAR will discuss various mentoring topics, including characteristics of effective mentors and mentees, and actions of effective mentors during a free webinar. The critical roles of communication and aligning expectations will also be discussed. Register here to participate: https://zoom.us/webinar/register/4715870754794/WN_QQ16nN-mQoSKgLTcvWIOKw

Webinar, May 22, 2020, @ 10:00am ET COVID-19 and Black Lives: The Crisis Within the Crisis

The graphic features the Michigan State University Social Work Continuing Education logo at the top. Below it, the text reads: "Webinar COVID-19 and Black Lives: The Crisis Within the Crisis May 22, 2020 10:00-11:00am ET". A detailed description follows: "Over the past few weeks, several states and cities across the nation have started releasing COVID-19 outcomes by race. The preliminary numbers reveal that black people are facing higher risks when it comes to the disease caused by the novel coronavirus. This webinar looks at how hundreds of years of racism has delivered poor health and economic outcomes for Black people, making them more vulnerable in the COVID-19 pandemic." CE Faculty listed are James Bell III, DSW-C, MSW. A note states: "James Bell III has developed a practice trajectory in health disparities and inequities, emphasizing the policy, context, and health outcomes of African Americans. James Bell III, DSW-C, MSW is a State Assistant Administrator within the Michigan Department of Health and Human Services." To register, it says: "To register: social.work.msu.edu/ce Follow instructions for online registration." It also mentions: "Free for general audience \$25 for those requesting continuing education contact hours. See registration for rates." A small circular icon indicates "1 CECH available".

T32 Precision Lifestyle Medicine and Translation Research (PREMIER) Postdoctoral Training Program

The University of Illinois at Chicago (UIC) is one of the nation's most dynamic, diverse, and progressive enterprises of higher education and health affairs. The PREMIER training program for postdoctoral fellows at UIC harnesses the University's vibrant academic environment, highly diverse faculty and student bodies, and substantial synergistic programs, infrastructure and resources, to maximize its fellows' ability to succeed in their paths towards independent lifestyle medicine researchers of the future. Precision lifestyle medicine, which integrates behavioral science with mechanistic investigation and modern technology, affords the promise of providing precise, proactive, and personalized care for individuals with or at risk of multiple chronic conditions. At the same time, research on health behavior and behavior change that spans the spectrum of translation to humans (T1), to patients (T2), to practice (T3), and to population health (T4) is pivotal to achieve ultimate public health impact. <https://chicago.medicine.uic.edu/departments/academic-departments/medicine/academic-internal-medicine-and-geriatrics/premier-t32/>



CONGRATULATIONS!



Toni Antonucci, MCFAAD Co-Director was awarded the 2020 Association for Psychological Science Mentor Award. The award recognizes psychology researchers and educators who have shaped the future directions of science by fostering the careers of students and colleagues. The award honors the importance of mentoring in the field as well as the dedication and impact of individuals with a distinguished record of teaching, advising, and encouraging students and colleagues who go on to have productive and influential research careers.

RESOURCES

From the Deep South Resource Center for Minority Aging Research:

Community members train doctors on culturally appropriate palliative care
by Holly Gainer

<https://www.uab.edu/news/research/item/10969-community-members-train-doctors-on-culturally-appropriate-palliative-care>



Community members from Beaufort, South Carolina, trained palliative care physicians on how to have culturally appropriate conversations with their patients based on their backgrounds and ethnicities.