

# How To Do All the Things

MCUAAAR mini-session

October 12, 2022

1. You don't have to (and can't) do all the things, all the time, equally well

2. Plan your semester and do a weekly check in

3. Daily writing practice, daily writing practice, daily writing practice

4. Use accountability buddies

5. OMG the email!

6. Track your time

# Resources

- National Center for Faculty Development and Diversity ([www.facultydiversity.org](http://www.facultydiversity.org))
- Pomodoro Technique
- RescueTime ([www.rescuetime.com](http://www.rescuetime.com))